



Allergy Aware Procedure

Rationale

The “Allergy Aware Procedure” is put into place because as a school we support families and students in responsible management of allergies. We follow up all aspects of this procedure to help protect students and adults who may suffer any type of allergy

People with an allergy can become sick when they come into contact with things that are harmless to most people.

Examples include:

- Insects that sting (e.g. Bees, wasps)
- Medicines
- Food
- Things that they breathe in (e.g. dust mite, plant pollen, pet dander)

Anaphylaxis is the most severe rapidly progressing form of allergic reaction and is potentially life threatening.

Procedure for when a student has anaphylaxis at school

- If a student with allergy feels sick when they are at school, they (or their school mates) should immediately ask for help from a nearby teacher or other adult
- If no teacher or other adult is nearby, a school mate should run to get one ASAP
- The student with allergy should stay where they are and lay down (or sit if it is hard to breathe) whilst the teacher or other adult quickly brings the emergency medicine (adrenaline auto-injector) to the student
- If an older student has their emergency medicine (adrenaline auto-injector) with them, this should be given immediately by the student themselves (if they are able) or by someone else if the student is too sick
- The student’s Action Plan for Anaphylaxis should be followed

Planning for safety at Crystal Brook Primary School

- Every child/ student with anaphylaxis has a current care plan in their Medication Bag at the school, we encourage a medic alert bracelet to be worn if they have one
- Every child / student / adult with anaphylaxis has an agreed **worksite support plan**. This reflects the ages and stage of development of the child, and the nature of the service, and includes planning for:
 - informing all relevant staff including relieving teachers
 - camps and excursions
 - special programs such as swimming, sports days and visiting presenters / programs
 - movements between services, for example between school and out of schools hours care
 - evacuation and invacuation
 - class activities such as craft where exposure to egg and milk cartons, seeds, play dough (chocolate essence) and egg shells may occur
- **Parents** are responsible for providing the care plan and any medication and ensuring that medication provided has a current expiry date
- **Parents and families** of children with a care plan are included in, but not ultimately responsible for, worksite education and planning for their child
- Care and support planning is **reviewed routinely** (annually or if the plan has been changed) and always at times of transitions
- Staff and children / students **understand and apply allergy aware practices** . Families of children with anaphylaxis can contribute to planning for cooking lessons, class parties etc. Other families maybe notified if the need arises with permission from the family of the student with anaphylaxis
- **All families** in the school community are regularly informed about allergy aware procedure in practice in education and children’s services



Crystal Brook Primary School



Allergy Aware Procedure

What we do at Crystal Brook Primary School to support children with food allergies

- Everyone is encouraged to **wash their hands** before and after eating
- Food is **not given as a reward / treat**
- Children **do not share or swap food**, unless under supervision (for example special events, as prearranged and agreed with the family)
- Food and nutrition education incorporates **education about food allergy** and any practical activities are planned with **an assumption that some participants have a food-related allergy**
- **Food should not be supplied** to children with anaphylaxis unless pre-arranged and agreed with the family. It is assumed any product might have traces of nut or other food allergy ingredients unless confirmed otherwise
- **Class Parties**, staff are aware when planning that students with allergies need to be considered and planned for when holding such events eg food suitable for child labeled and not mixed with other food, disposable table cloths used to stop contamination of area after the event
- Food preparation follows standards and precautions to avoid **cross contamination**. People preparing food (including volunteers, teachers, Parent Club) need advice on strategies to ensure food is not cross contaminated
- **Planning camps and excursions** take into account food supply services, including discussing the full menu with families (including product details)
- Be aware of using food as a **fundraising** exercise, eg supplying chocolates to all students in the school to sell
- Students photo and Anaphylaxis Action Plans are in the Roll Books, in the Yard Duty bags, on display in the "Get Well Room", the Hall kitchen and Library areas
- Staff have training in use of Epi Pen and information about where to access it in an emergency

We ask families to consider the food which are sent to school and how they may affect a student with severe allergies. Please read and discuss "How your child can be a MATE "(Appendix A) for more information go to : www.allergy.org.au

REMEMBER: As a school we cannot guarantee that we will be allergen free.

Our school uses these forms to have clear information on students treatment in cases of reaction to allergens:

- Student Health Information
- Medication Authority
- General Health information
- Individual first aid plan
- Allergy care Plan (including Anaphylaxis)
- Health Support Plan